



Tuesday, November 10, 2020

12:30 pm - 12:45 pm	Welcoming and Opening Remarks Rita Gupta Facilitator Live Wire Consulting
12:45 pm - 1:15 pm	Preventing Psychological Harm in the Healthcare Workplace Ed Mantler Vice President, Programs and Priorities Mental Health Commission of Canada
1:15 pm - 1:45 pm	Safer Workers Means Better Care- Violence Prevention Strategies Henrietta Van hulle Vice President, Client Outreach Public Services Health and Safety Association
1:45 pm - 2:30 pm	Substance Use Disorder Among Nurses: Causes, Symptoms, and Recovery Dr. Lisa Lefebvre Associate Medical Director Ontario Medical Association; Expert in Occupational Medicine and Physician Health Dr. Julie Anne Irving Staff Psychologist, Work, Stress, and Health Clinic Centre for Addiction and Mental Health (CAMH); Lecturer, Department of Psychiatry, and Graduate Department of Psychological Clinical Science University of Toronto
2:30 pm - 2:40 pm	Screen Break
2:40 pm - 3:10 pm	Employer Responsibilities: Mental Health in the Workplace Asha Rampersad Lawyer and HR Advisor Bernardi Human Resources Law LLP
3:10 pm - 3:40 pm	Interactive Breakout Sessions Topics will be announced after polling
3:40 pm - 3:50 pm	Yoga Break Christina Sjoberg INNERGY Corporate Yoga
3:50 pm - 4:20 pm	Beyond Silence: Advancing Evidence-Based Tools and Training Customized for Healthcare Organizations Dr. Sandra Moll Occupational Therapist School of Rehabilitation Science; Associate Professor McMaster University
4:20 pm - 4:30 pm	Closing Remarks Rita Gupta Facilitator Live Wire Consulting





Thursday, November 12, 2020

12:30 pm - 12:40 pm

Welcoming and Opening Remarks

Rita Gupta

Facilitator | Live Wire Consulting

12:40 pm - 1:25 pm

A Two-Eyed Seeing Approach to Nurse Mental Health and Wellness

Cynthia Russell

Clinical Nurse Specialist-Mental Health | First Nations Health Authority

1:25 pm - 1:55 pm

Supportive Intervention for Nurses: The Nurses' Health Program

Carolyn A. Gora

Director Professional Conduct | College of Nurses of Ontario

1:55 pm - 2:00 pm

Screen Break

2:00 pm - 3:20 pm

Case Studies with Panel Discussion:

Our Hospital's Journey to Advancing Mental Health

Sarah Kipping

Director, Director of Professional Practice and Health Information Management |
Ontario Shores Centre for Mental Health Sciences

Sandy Coughlin

Director | Occupational Health & Safety, Providence Healthcare

Christine Devine

Wellness Specialist | Michael Garron Hospital

Mikki Layton

Interim Chief Nursing Officer, Nurse Practitioner | Michael Garron Hospital

3:20 pm - 3:30 pm

Closing Remarks

Rita Gupta

Facilitator | Live Wire Consulting

