



Thursday, October 24, 2019

8:00 am - 9:00 am	Registration & Continental Breakfast
9:00 am - 9:05 am	Welcoming & Open Remarks from the Chair Dr. Tayyab Rashid, Health & Wellness Centre: Associate Faculty; Licensed Clinical Psychologist University of Toronto Scarborough (UTSC)
9:05 am - 10:00 am	The Perception and Reality of Mental Health in Post-Secondary Institutions: Through the Looking Glass Dr. Heather Robertson, Executive Director, Student Health and Wellbeing University of British Columbia
10:00 am - 10:15 am	Networking Refreshment Break
10:15 am - 11:15 am	Waiting for the Great Leap Forward: Ideas for Change in Campus Mental Health Systems Dr. Will Meek, Counseling & Psychological Services Brown University
11:15 am - 12:00 pm	Mental Health Service Review at Durham College: From Inspiration to Action Darlene Heslop, Director, Campus Health Centre Durham College Nicole Daniel, Campus Health Nurse Durham College
12:00 pm - 12:45 pm	Networking Luncheon
12:45 pm - 2:05 pm	PANEL DISCUSSION: How Post-Secondary Institutes Can Work with Students, Families and Community Partners to Detect, and Intervene Suicidal Behaviour and Manage Postvention Crisis? Dr. Tayyab Rashid, Health & Wellness Centre: Associate Faculty; Licensed Clinical Psychologist University of Toronto Scarborough (UTSC); Eric Windeler, Founder Jack.org; Dr. Meccana Ali, Clinical Supervisor and Therapist Khalil Centre; Karen Young, Student; Founder Minds Matter Magazine; Brian Longmire, Social Worker, Forensic Outpatient Services Ontario Shores Centre for Mental Health Sciences; Rashaad Vahed, Assistant Professor University of Toronto; Therapist; Marium Vahed, Founder of How Many Lives Student at UofT
2:05 pm - 2:15 pm	Networking Refreshment Break
2:15 pm - 3:00 pm	Building Well-Being into Campus Life Clint Galloway, Director, Student Well-being and Community Campus Life Northern Alberta Institute of Technology
3:00 pm - 4:00 pm	Making the Case for a Full-Campus Approach to Mental Health Connie Ellis, Consultant Canadian Centre for Addiction and Mental Health
4:00 pm - 4:15 pm	Closing Remarks from the Chair Dr. Tayyab Rashid, Health & Wellness Centre: Associate Faculty; Licensed Clinical Psychologist University of Toronto Scarborough (UTSC)

